# Mountain Weather Forecast

## Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 00:00 on Sunday 09 Jul 2023 until 23:59 on Monday 10 Jul 2023

Forecast Issued on Saturday 08 Jul 2023 at 16:35 by Met Office Aberdeen

**Confidence:** Low for extent of any showers on Sunday. High for changeable weather with showers early next week.

**Headline for Sunday 09 Jul 2023:** Some early rain, then a brighter afternoon with a few showers

**Mountain weather hazards on Sunday 09 Jul 2023**

**Blizzards**
No Likelihood

**Heavy persistent snow**
No Likelihood

**Storm force winds**
No Likelihood

**Gales**
No Likelihood

**Severe chill effect**
No Likelihood

**Poor visibility**
Low Likelihood

**Thunderstorms**
Low Likelihood

**Heavy persistent rain**
Low Likelihood

**Strong sunlight**
High Likelihood

| **Weather and chance of precipitation at 800m** | | | | | | | |
|---|---|---|---|---|---|---|---|
| Time | | | | | | | |
| 00:00 | 03:00 | 06:00 | 09:00 | 12:00 | 15:00 | 18:00 | 21:00 |
| | | | | | | | |
| Heavy Rain | Heavy Rain | Cloudy | Sunny intervals | Sunny intervals | Heavy rain showers | Sunny intervals | Partly cloudy (night) |
| Precipitation probability | | | | | | | |
| 80% | 60% | 30% | 30% | 20% | 30% | 30% | 20% |

**Forecast for Sunday 09 Jul 2023**

**Weather:** Some spells of rain in the early hours, occasionally heavy with a chance of thunder at first. A cloudy start with some rain around, but it will be dry and brighter by late morning. The afternoon will see sunny intervals and the chance of a few heavy showers, these most likely across the north of the region.

**Chance of cloud-free hill tops above 800m:** 80%

**Low cloud and visibility:** Some patchy low cloud down to 500 metres at first. Otherwise good visibility with cloud largely above summits by afternoon.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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# Mountain Weather Forecast

**Forecast for Sunday 09 Jul 2023**

| Height (m) | Wind Speed mean/gusts (mph) | | | | | Wind Direction (blowing from) | | | |
|---|---|---|---|---|---|---|---|---|---|
| | 00:00 | 03:00 | 06:00 | 09:00 | 12:00 | 15:00 | 18:00 | 21:00 | 00:00 |
| **1000** | 12/15 NE | 10/13 E | 10/12 SE | 12/16 S | 14/20 SW | 11/16 SW | 8/12 W | 5/7 SW | 8/10 S |
| **900** | 11/13 NE | 9/12 E | 9/12 SE | 12/16 S | 14/19 SW | 11/17 SW | 8/12 W | 5/7 SW | 7/9 S |
| **600** | 6/8 N | 6/8 SE | 6/9 SE | 11/15 S | 12/18 SW | 10/15 SW | 7/10 W | 3/5 NW | 5/7 S |
| **300** | 2/9 NE | 2/7 SE | 2/7 SE | 4/12 S | 6/15 SW | 7/15 SW | 4/9 W | 1/4 NW | 1/6 SE |
| **Glen** | 3/5 N | 2/5 NW | 2/5 NE | 5/10 SW | 7/14 SW | 7/13 SW | 5/9 W | 3/5 NW | 2/5 E |

| Height (m) | Temperature / Feels Like (°C) | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| | 00:00 | 03:00 | 06:00 | 09:00 | 12:00 | 15:00 | 18:00 | 21:00 | 00:00 |
| **1000** | 12/10 | 11/9 | 11/9 | 11/8 | 12/9 | 12/10 | 11/10 | 10/9 | 9/7 |
| **900** | 12/11 | 12/10 | 11/10 | 12/9 | 12/10 | 13/10 | 12/11 | 11/10 | 9/8 |
| **600** | 13/12 | 13/12 | 13/12 | 14/12 | 15/13 | 15/13 | 15/14 | 13/12 | 11/10 |
| **300** | 15/15 | 14/14 | 14/15 | 17/16 | 18/17 | 18/17 | 17/17 | 15/15 | 13/13 |
| **Glen** | 15/16 | 15/15 | 16/16 | 18/18 | 20/18 | 20/19 | 19/19 | 17/17 | 15/15 |
| **Freezing Level*** | 3000m | 2800m | 2500m | 2200m | 2200m | 2300m | 2300m | 2300m | 2200m |

**Level above which ground is expected to be frozen/snow is expected to settle.*

**Met Office Aberdeen Meteorologist's View**
Nothing to add

**Forecast for Monday 10 Jul 2023**
**Weather:** After a dry and bright start it will cloud over through the morning with showers or longer spells of rain developing by the afternoon. Some heavy rain or thunderstorms possible.

**Maximum wind:** Southerly 15 mph

**Chance of cloud-free hill tops above 800m:** 70%

**Low cloud and visibility:** Good visibility although some patchy cloud around 500 metres at first. Then cloud mostly at 900 metres or above, although some patches developing down to 700 metres in the evening.

**Temperature:** **Glens:** Plus 12 rising to 19 Celsius
**At 800m:** Plus 12 Celsius
**Freezing level:** Above summits

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